

## Disease and protective immunity in respiratory viral infections

Peter Openshaw

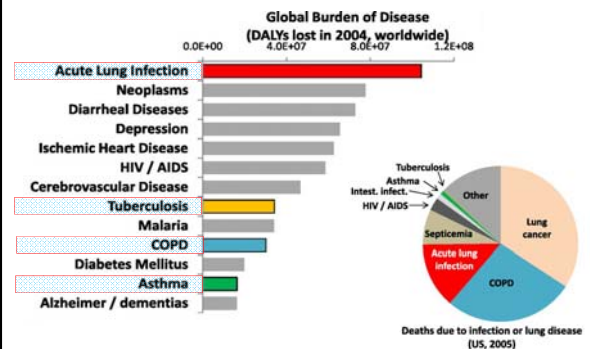
Imperial College London

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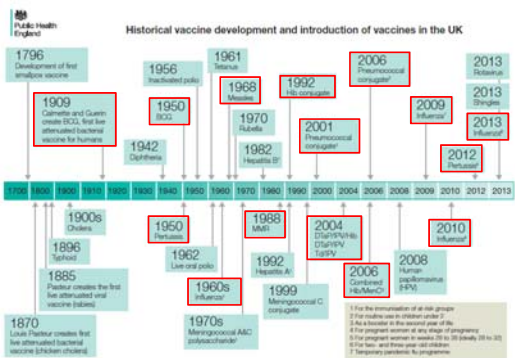
## Respiratory Infection and the Impact of Pulmonary Immunity on Lung Health and Disease

Joseph P. Mizgerd<sup>1</sup>

Am J Respir Crit Care Med Vol 186, Iss. 9, pp 824-829, Nov 1, 2012

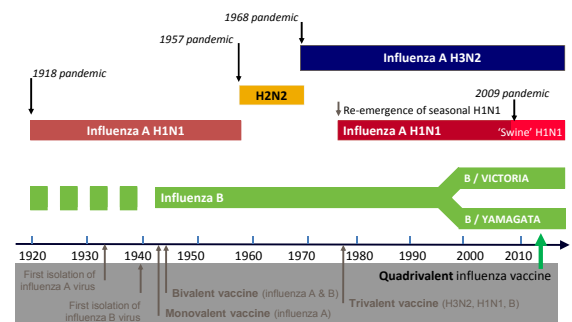


## How are vaccines against respiratory diseases doing?



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## Global circulation of influenza viruses and history of influenza vaccine development



McCullers JA, Huber MC. Hum Vaccin Immunother 2012;8:34-44 (adapted).

## Increased Risk of Noninfluenza Respiratory Virus Infections Associated With Receipt of Inactivated Influenza Vaccine

Benjamin J. Cowling,<sup>1</sup> Vicky J. Fang,<sup>1</sup> Hiroshi Nishiura,<sup>1,2</sup> Kwok-Hung Chan,<sup>2</sup> Sophia Ng,<sup>3</sup> Dennis K. M. Ip,<sup>1</sup> Susan S. Chiu,<sup>4</sup> Gabriel M. Leung,<sup>5</sup> and J. S. Malik Peiris<sup>1,5</sup>

Clinical Infectious Diseases 2012;54(12):1778-83

We randomized 115 children to trivalent inactivated influenza vaccine (TIV) or placebo. Over the following 9 months, TIV recipients had an increased risk of virologically-confirmed non-influenza infections (relative risk: 4.40; 95% confidence interval: 1.31-14.8). Being protected against influenza, TIV recipients may lack temporary non-specific immunity that protected against other respiratory viruses.

Table 3. Incidence Rates of Respiratory Virus Detection by Reverse-Transcription Polymerase Chain Reaction and Multiplex Assay

Variable	TIV (n = 68)			Placebo (n = 46)			P Value
	No.	Rate <sup>a</sup>	95% CI <sup>b</sup>	No.	Rate <sup>a</sup>	95% CI <sup>b</sup>	
Any seasonal influenza	3	58	(19-180)	3	88	(28-270)	.61
Seasonal influenza A (H1N1)	2	39	(10-160)	2	59	(15-240)	.68
Seasonal influenza A (H3N2)	1	19	(3-140)	0	0	(0-88)	.31
Seasonal influenza B	0	0	(0-58)	1	29	(4-219)	.17
Pandemic influenza A (H1N1)	3	58	(19-180)	0	0	(0-88)	.68
Any noninfluenza virus <sup>c</sup>	20	300	(250-600)	3	88	(28-270)	<.01
Rhinovirus	12	230	(130-410)	2	59	(15-240)	.04
Coxsackie/echovirus	8	160	(78-310)	0	0	(0-88)	<.01
Other respiratory virus <sup>d</sup>	5	97	(40-250)	1	29	(4-219)	.22
ARI episode with specimen collected but no virus detected	19	309	(235-578)	14	412	(244-696)	.75
ARI episode with no specimen collected	41	796	(586-1080)	20	824	(569-1190)	.89

## Current issues in influenza vaccinology

- Do the current vaccines work (enough)?
- How do they work (when they do)?
- Drive towards universal durable protection
- Debates over gain-of-function research
- Cross reactive stalk/stem antibodies
- Novel viral antigens may be weakly antigenic
- Vaccine manufacture needs to speed up in pandemics

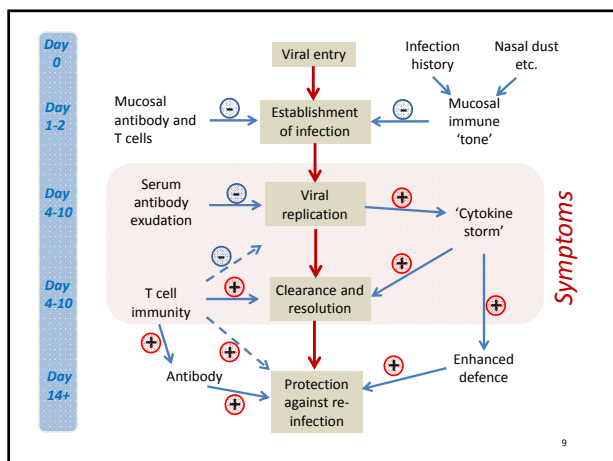
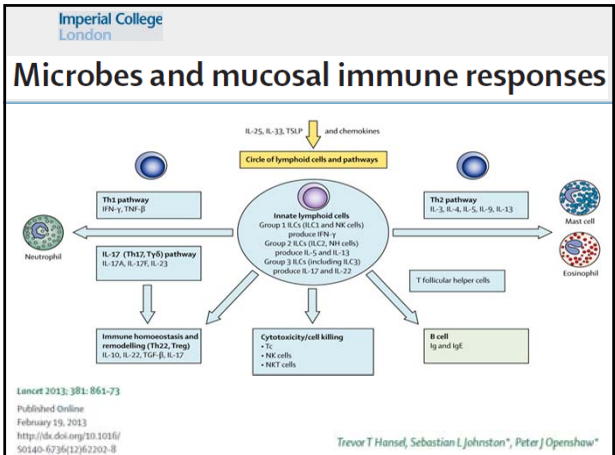
**Rolf M. Zinkernagel, Nobel Prize  
Winner for Medicine 1996**



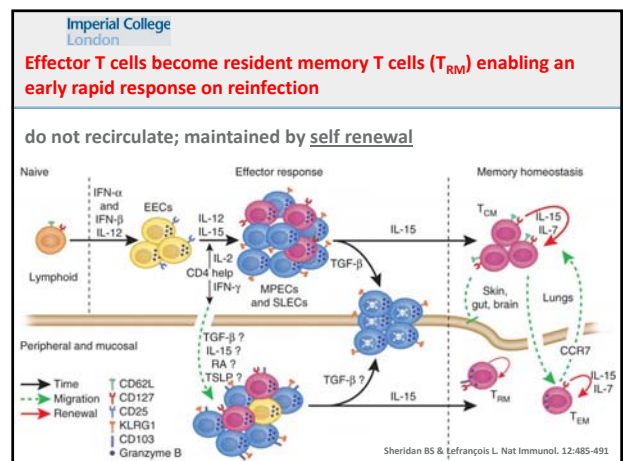
**Dr. Zinkernagel, which arm of the human immune response has the potential to protect against diseases?**

**Antibodies. They are the key.** The course of any infection depends on the host's response, and I believe that this has to be through antibodies <http://www.medscape.com/viewarticle/564375>

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## Outline

**1. Observational study of pH1N1: MOSAIC**

**2. Human challenge study of RSV infection**

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**Comparative community burden and severity of seasonal and pandemic influenza: results of the Flu Watch cohort study**

*Lancet Respir Med 2014; 2: 445-54*

Andrew Chitambar, Ellen B Frangou, Alison Birmingham, Li Wang, Andrew Copas, W John Edmunds, Neil Ferguson, Niko Gounthakis, Gailvi Hanley, Jeroen Koen, Megan S C Lin, Andrew McMichael, Elizabeth R CMM, Jonathan S Png, Yoon-Tam, Ivan Nazaretti, Richard Pebody, Peter Schuster, John W Whitmore, Louise B White, Anne M Johnson, Maria Zamboni, on behalf of the Flu Watch Group

**Aim:** Intensive community surveillance of burden/severity of seasonal/pandemic influenza to determine degree by which traditional surveillance underestimates flu burden

**Method:** Serology, weekly reporting and RT-PCR for flu from nasal swabs  
Community surveillance in England 2006–11  
5448 person-seasons of follow-up

**Findings:**

- ~75% of flu infections are asymptomatic
- 4x rise in strain-specific serology in 18% of unvaccinated people each winter
- 25% of seroconversions were PCR+
- 17% of PCR-confirmed flu = medical attendance

pH1N1/09 was less severe than H3N2

Figure 3: Number of expected events in a surveillance practice serving a population of 10 000 people

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**Case 1**

**29 y, white-British man**  
Well-controlled asthma  
10 cigarettes/day  
School caretaker  
Wife, young daughter  
**Hx:**  
**24h:** Fever, cough, aches  
**2 h:** Breathless at rest

**No** wheeze; O<sub>2</sub> sat 92%  
Raised pulse, breathing fast  
**pH1N1 RNA detected**  
• Tamiflu 75 mg bd po 5/7  
• IV clarithromycin 500 mg bd

**Day 3:** well; sent home

Imperial College Healthcare NHS Trust

**Imperial College London**

**Case 2**

**39 y, Pakistani Taxi driver (UK 12 years)**  
10 cigarettes/day; Wife + 2 daughters  
**Hx:**  
**5 d:** 'Feverish flu', Dry cough, nausea/anorexia  
**24 h:** Increasing SOB at rest; fast pulse/resps.  
O<sub>2</sub> sat 72% on air, 80% on 15L/min oxygen  
Tamiflu 75 mg bd po + antibiotics  
**Day 1**  
Intubated and ventilated  
pH1N1 PCR+ day 2 (NP swab/ET aspirate)  
Acute renal injury, ARDS  
**Day 19**  
Discharged from ITU  
**Day 23**  
Allowed home

Imperial College Healthcare NHS Trust

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**Key unknowns about severe influenza**

1. Why do some have mild disease and others severe?
2. What determines the variable outcome?

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**What Causes Severe Disease?**

**Need to study host, pathogen and co-pathogen**

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**wellcome trust**

**CRI**

**MOSAIC INVESTIGATORS**

**Imperial College London:** Deborah Ashby, Paul Aylin, Wendy Barclay, Stephen Brett, William Cookson, Alison Holmes, Tracy Hussell, Trevor Hansel, Onn Min Kon, Michael Levin, Miriam Moffatt, Simon Nadel, Peter Openshaw

**Liverpool:** Paul McNamara, Calum Semple, Peter Simmonds, Rosalind Smyth, Stephen Gordon

**Nottingham:** Jonathan Van Tam

**Oxford:** Ling-Pei Ho, Andrew McMichael

**Edinburgh:** Kenneth Baillie, David Hume, Tony Nash

**Glasgow:** William Carman, Walt Adamson

**HPA:** Maria Zamboni

**NIMR:** Anne O'Garra

**UCL/Sanger:** Paul Kellam, Andrew Hayward

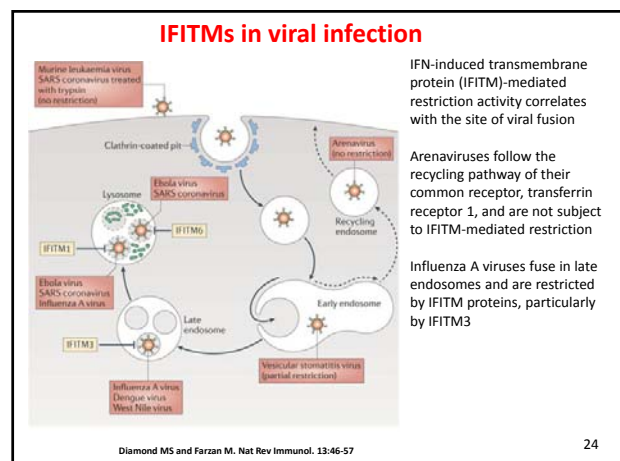
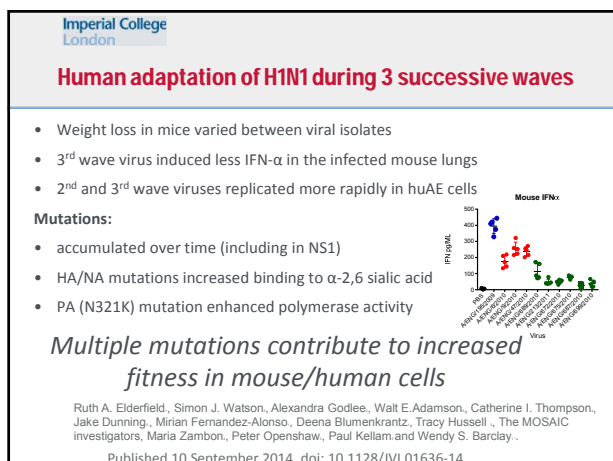
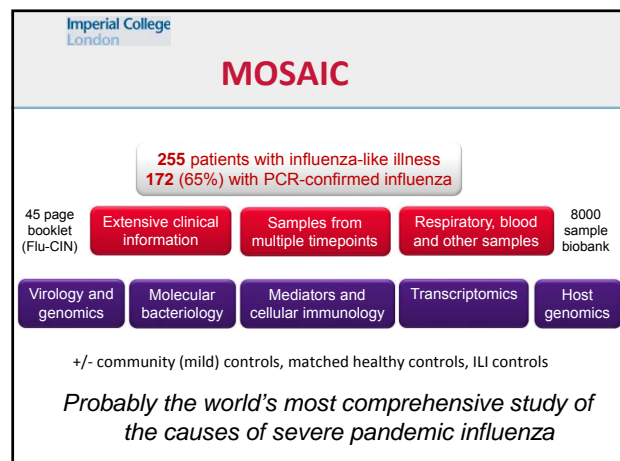
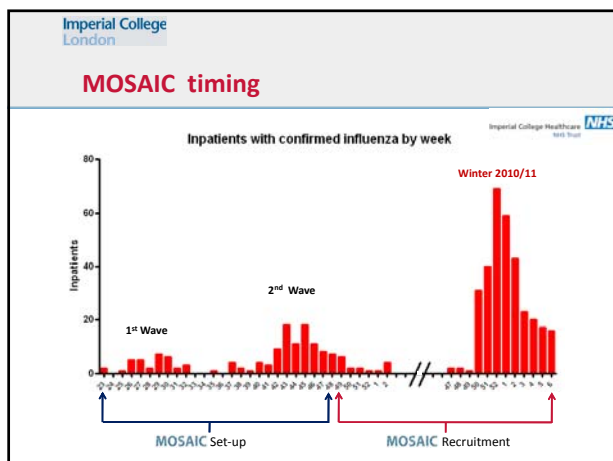
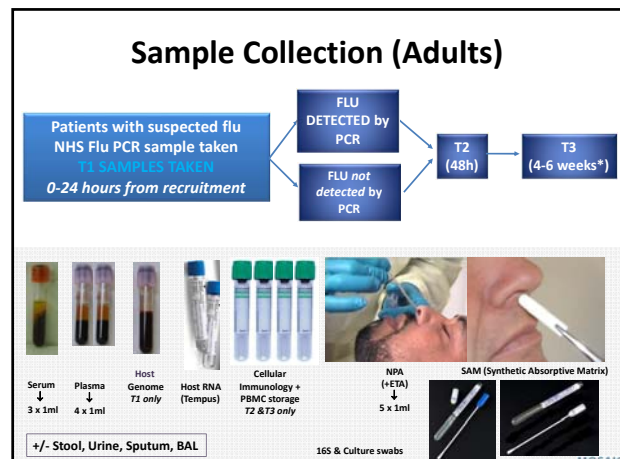
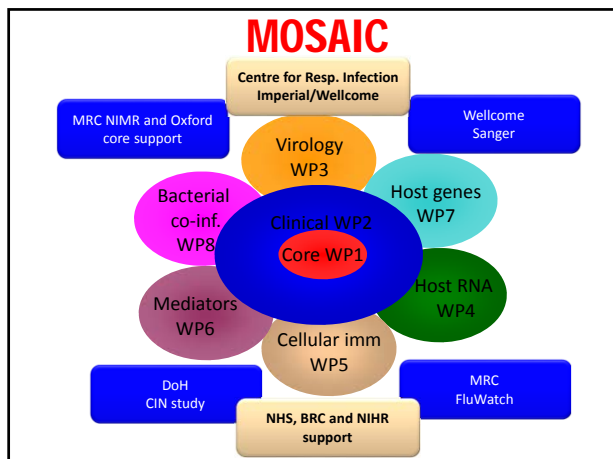
**The patients and their relatives**

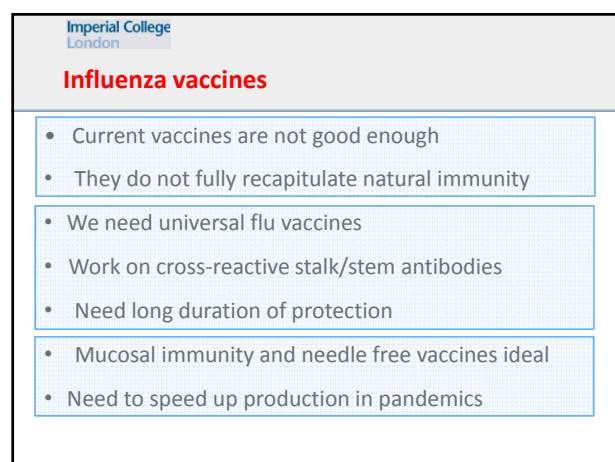
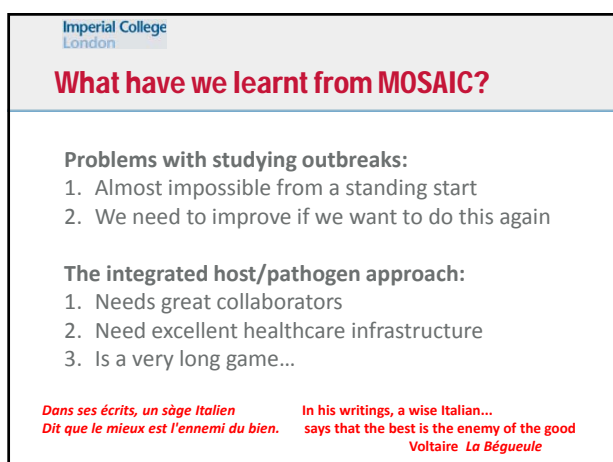
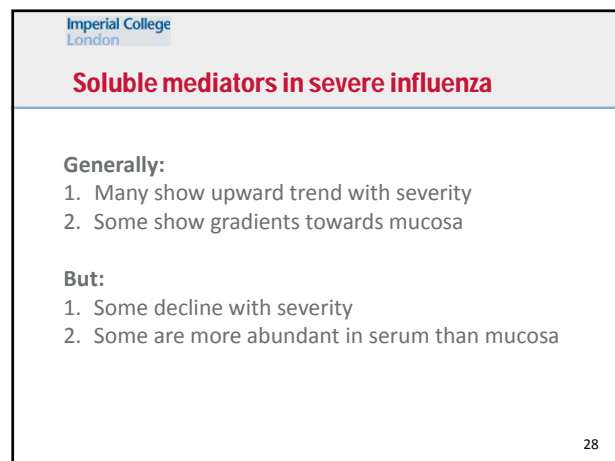
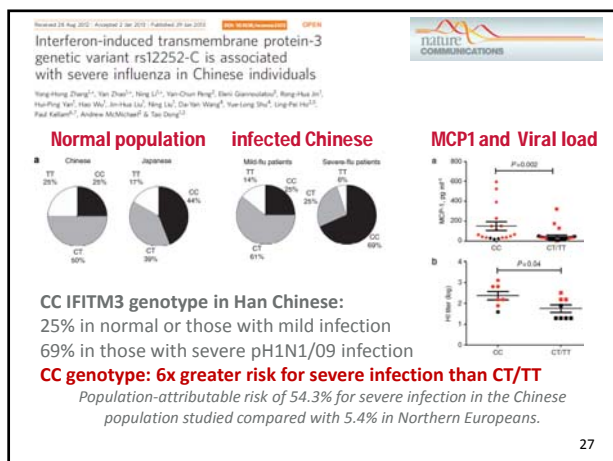
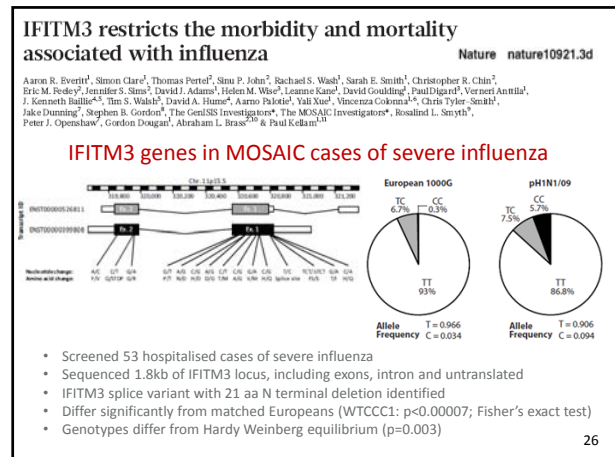
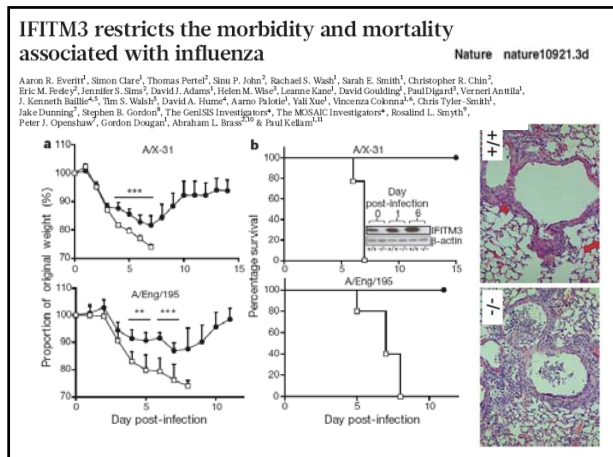
**Jake Dunning**

**MOSAIC support**  
Mary Cross  
Lindsey Anne Cumming  
Matthew Minns  
Tom Ford

**Mark Walport**  
John Saville  
Sally Davies  
Gordon Duff

**MRC** **wellcome trust** **sanger**





## Outline

### 1. Observational study of pH1N1: MOSAIC

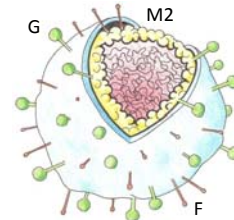
### 2. Human challenge study of RSV infection

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## The discovery and naming of RSV

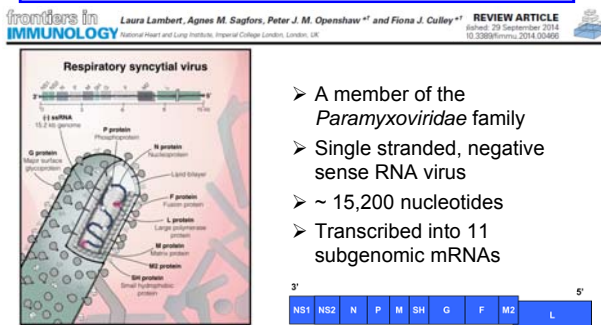
**Morris, Blount, & Savage** Proc. Soc. Exp. Biol. Med. 1956:  
Coryza in zoo chimps with coryza; recovered virus and infected naïve chimps.  
Named it the Chimpanzee Coryza Agent (CCA)

## The Savage agent



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**Morris, Blount, & Savage** Proc. Soc. Exp. Biol. Med. 1956:  
Named the Chimpanzee Coryza Agent (CCA)



## The Savage agent

## Respiratory Syncytial Virus

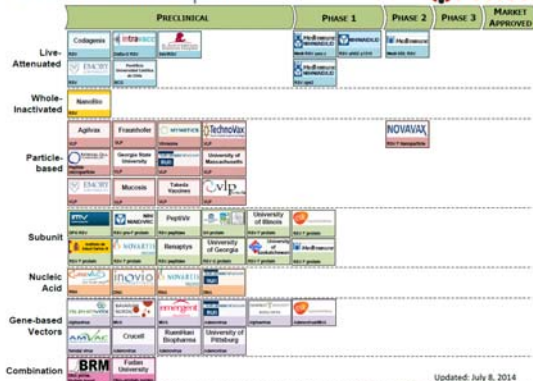
- World-wide distribution, winter epidemics
- Infects 65% of children in first year of life
- Two serogroups, but reinfects with ease

### Causes:

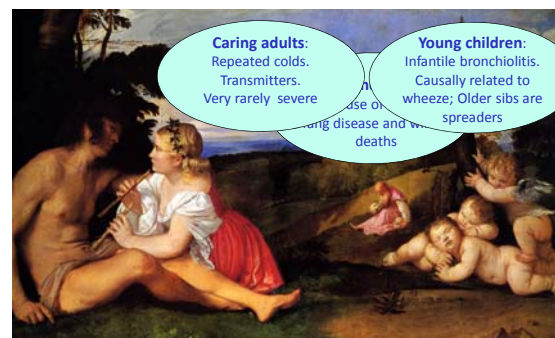
- Hospital admission in 2-3% of infants
- 70% of bronchiolitis in infancy
- Coughs and colds in adults
- Wheezy RTI in kids <5 years, asthmatics etc

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## RSV Vaccine Snapshot



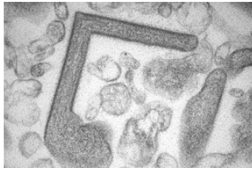
## Respiratory syncytial virus through the ages



Three ages of man, Titian, National Gallery of Scotland

## Immunological facts and puzzles

### RSV



Antibody gives only partial protection

Patients with T cell immune defects have prolonged infection

Formalin inactivated vaccine made disease worse

Ex-bronchiolitics often wheeze and/or have 'asthma'

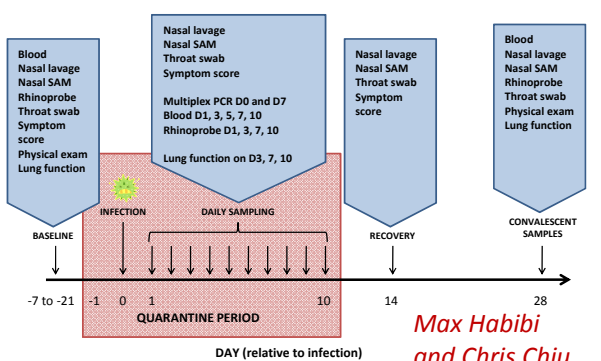
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## Human challenge study design

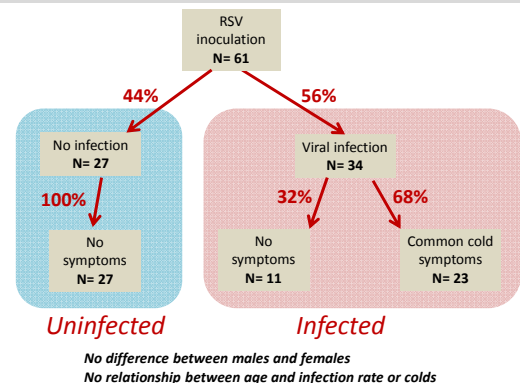
- **Healthy**, aged 18 – 55 years
- Intranasal  $10^4$  pfu RSV A **Memphis 37**
- Keep in seclusion from D-1 to D10
- Intensive daily sampling
- Follow-up:
  - day 14 (airway)
  - day 28 (airway and blood)

*Dr Max Habibi*

## Adult volunteer RSV infection protocol

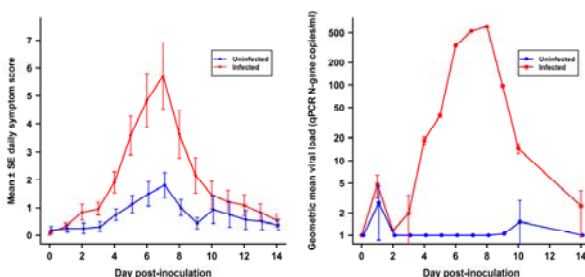


## Infection rates and colds (n=61)



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## Symptoms and RSV load

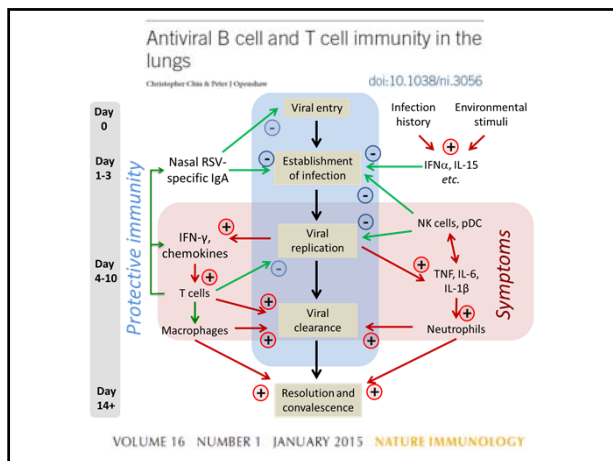


## Questions

- Why do some subjects not develop symptoms?
- Why do some infected people not develop symptoms?

**What explains this variability?**

**What about mediator release?**



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**RSV clinical study team**  
**Chris Chiu and Max Habibi**

Trevor T Hansel      Aleks Guvenel  
Agnieszka Jozwik      Spiros Makris  
Allan B Paras      David Jackson

**Collaborators and advisors:**  
John De Vincenzo, Tom Wilkinson,  
Rob Lambkin-Williams, Sebastian L Johnston

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